



## RESEARCH ARTICLE

**PHYTOCHEMICAL STUDIES AND *IN VIVO* ANTIOXIDANT ACTIVITY OF TWO *LAVANDULA* SPECIES (LAMIACEAE) AGAINST STREPTOZOTOCIN INDUCED OXIDATIVE STRESS IN ALBINO RATS**<sup>1</sup>Nevein M. Abdel-Hady, <sup>2</sup>Gamil M. Abdallah and <sup>3</sup>Nagi F. IdrisDepartments of <sup>1</sup>Pharmacognosy and <sup>3</sup>Pharmacology, Faculty of Pharmacy, Omar El-Mokhtar University, Libya, <sup>2</sup>Biochemistry, Faculty of Pharmacy, Al-Azhar University, Cairo, Egypt.

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**ABSTRACT**

Phytochemical studies of two *Lavandula* species namely *L. dentata* L. and *L. angustifolia* Mill. (Lamiaceae) cultivated in Egypt was carried out to subsist positive diagnostic indices for the research of their monographs as well as GC/MS analysis of their volatile oils and quantitative estimation of total phenol and flavonoid contents.

The gained results revealed both qualitative and quantitative variation in the chemical composition of the investigated species where twenty-six and thirty-one compounds were identified in the volatile oils of *L. dentata* L. and *L. angustifolia* Mill. representing 96.43 % and 98.56 % respectively, the major chemical constituents in the volatile oil of *L. dentata* were menthe-1,5-dien-8-ol <Para> (26.80%), caryophyllene oxide (16.40%) and guaiaol<Alpha> (15.36%), while in *L. angustifolia* were linalyl acetate (18.99%), citronellol<Alpha> (17.36%) and menthe-1,5-dien-8-ol<Para> (16.21%), moreover, the calculated values of total phenol and flavonoid contents were 188.50±2.07 mg GAE g<sup>-1</sup>, 90.40±1.57 mg QE g<sup>-1</sup>, 194.95±2.55 mg GAE g<sup>-1</sup>, 98.83±2.68 mg QE g<sup>-1</sup> and 167.10±2.30 mg GAE g<sup>-1</sup>, 116.15±1.91QE g<sup>-1</sup>, 152.50±2.21mg GAE g<sup>-1</sup>, 119.95±1.87 mg QE g<sup>-1</sup> for their aqueous and methanol extracts respectively.

Investigation of their antioxidants impact against Streptozotocin-induced oxidative stress in liver and kidney tissues of albino rats revealed that the methanol extract of *L. angustifolia* exhibited the highest antioxidant potential followed by, that of *L. dentata* and volatile oil *L. angustifolia* in dose dependent manner respectively which afford useful results for developing new natural antioxidant agents.

**Key words:** *Lavandula*, Volatile Oils, Phenols, Flavonoids, Antioxidant, Streptozotocin, Glibenclamide and Oxidative Stress.

**INTRODUCTION:**

Genus *Lavandula* (Lamiaceae), consist of about 39 species, dozens of subspecies, hundreds of hybrids and cultivars those are widely distributed in the archipelagoes of the Atlantic Ocean and Mediterranean region, it is divided into four main categories; *L. angustifolia*, *L. dentata*, *L. latifolia* and *L. intermedia* (1 and 2), in Egypt, there are two *Lavandula* species; *L. dentata* L. and *L. angustifolia* Mill. (3); *L. dentata* commonly known as French lavender is a large plant with greenish-grey foliage late blooming and with characteristic very strong odour (4) while *L. angustifolia* commonly known as English lavender is a frost hardy species that has many cultivars, habitats and blossom colours (5).

The advantageous value of *Lavandula* species can be referred to the virtue of its versatile therapeutic potentials those can be attributed to the high content of their uniquely constituted volatile oil as well as phenolic

content (1, 2 and 6); several researches reported isolation of over 150 compounds from the volatile oil of *L. dentata* (7) while that of *L. angustifolia* contained at least 38 different compounds, the chemical compositions of these volatile oils are complex and variable as reported in several investigations for cultivated species in Saudi Arabia, Spain, Morocco, Algeria and Canada (4, 8-20), table, 1.

The most prominent chemical constituents in the volatile oil *L. dentata* (8) are 1,8-cineole,  $\alpha$ -pinene,  $\beta$ -pinene and p-cymene which exhibit antifungal and antibacterial activities (21 and 8),  $\alpha$ -terpineol, terpenen-4-ol and camphene have anti-lice activity (22), whereas those in the volatile oil of *L. angustifolia* (7 and 23) are linalyl acetate and linalool which have sedative (24 and 25) and local anesthetic effects (26); linalool also exhibited antibacterial (5 and 27-29), fungistatic (21, 27 and 30-32) and insecticidal (22) effects.

**Table 1: The reported major constituents and biological activities of the volatile oils isolated from *Lavandula spp.* under investigation:**

Spp.	Major constituents	Uses	Country	Reference(s)
<i>Lavandula dentata</i> L.	Camphor, <i>trans</i> -pinocarveol, $\beta$ -eudesmol and $\alpha$ -guaiaol.	Antimicrobial and antioxidant	Yemen	<b>9</b>
	$\beta$ -pinene, pinocarveol, myrtenal, $\alpha$ -pinene and 1, 8 cineol.	Cytotoxic and antioxidant	Morocco	<b>10</b>
	1, 8 cineol, sabinene, bicycle [3.1.0] hexan-3-ol, 4-methylene-1-(1-methylethyl), myrtenal and $\alpha$ -pinene.	Antimicrobial	Morocco	<b>4</b>
	1, 8-cineole, <i>cis</i> -verbenol, <i>p</i> -cymen-8-ol, fenchone and myrtenal.	---	Algeria	<b>11 and 12</b>
	$\beta$ -pinene, pinocarveol and myrtenal	---	Spain	<b>13</b>
<i>Lavandula angustifolia</i> Mill.	Caryophyllene, $\beta$ -phellandrene and eucalyptol.	Antimicrobial	Romania	<b>14</b>
	Linalyl acetate, linalool, lavandulol, 1, 8-cineole, lavandulyl acetate and camphor.	---	Canada	<b>15</b>
	Linalool, camphor, linalyl acetate, (Z)- $\beta$ -ocimene, 1, 8-cineole and (E)- $\beta$ -ocimene.	Antioxidant	Iraq	<b>16</b>
	Linalool, linalyl acetate, thujene and $\alpha$ -pinene.	---	Iran	<b>17</b>
	1, 8-cineole, camphor and linalool.	---	Italy	<b>18</b>
	Linalyl acetate, linalool, lavandulol, 1, 8-cineole, lavandulyl acetate and camphor.	Cytotoxic	India	<b>19</b>
	Linalyl acetate, linalool, lavandulol, 1, 8-cineol, lavandulyl acetate and camphor.	Antimicrobial	USA	<b>20</b>

Free radicals (reactive oxygen and nitrogen species, ROS/RNS) are produced in normal and pathological cell metabolism and proved to be aggravated in cases of oxidative stress; they are controlled by endogenous enzymes as superoxide dismutase, glutathione peroxidase, catalase or chemical compounds as  $\alpha$ -tocopherol, ascorbic acid, phenol compounds and glutathione (33).

Phenolic compounds are a class of secondary metabolites existing in most plants protecting them against ultraviolet radiation, pathogens and herbivores; concerning phenolic compounds in the investigated species, previous studies reported the existence of flavonoids as genkwanin, luteolin, apigenin, apigenin-7-O-glucoside, apigenin-7-O-glucuronide in both species whereas, 6-hydroxyluteolin-7-O-glycoside, scutellarein-7-O-glycoside, vitexin and luteolin 7-O-gulcours-inonide, luteolin 7,4'-O-di-O-glucuronide, luteolin-7-O-glucoside and chrysoeriol-7-O-glycoside existed in *L. dentata* and *L. angustifolia* respectively (34 and 35).

Phenolic compounds exhibit a wide range of pharmacological activities depending on their ability to inhibit certain enzymes meanwhile induction of other detoxifying and antioxidant enzymes, so they revealed to be useful treatment and/or prophylaxis of certain diseases as different inflammations, Alzheimer's disease (36 and 38), cancers (38 – 40), bacterial, protozoal and viral infections

(39, 40, 42 and 43), heart diseases, stroke, arteriosclerosis, diabetes (14, 15 and 44).

In the last years, there is an increasing interest in antioxidants and the preference of natural rather than synthetic sources (39-41) hence, the interest in the antioxidant potential of plant extracts, essential oils and/or isolated compounds, so the present study was conducted to lay a phytochemical foundation for assessment of the volatile oils, phenol and flavonoid contents of two Egyptian *Lavandula* species monitored with investigation of their *in vivo* antioxidant potentials.

## MATERIAL AND METHODS:

### Plant material:

Shrubs of *Lavandula dentata* L. were purchased from an Ornamental Plants Cultivation Station, Kerdasa Road, Giza while those of *Lavandula angustifolia* Mill. was purchased from The Medicinal Plants Cultivation Station, Faculty of Pharmacy, Cairo University, on April 2013, their identities were established by Professor Dr. Mohamed El-Sayed Tantawy, Professor of Botany, Faculty of Science, Ain Shams University. Voucher specimens are kept in a herbarium in Pharmacognosy Department, Faculty of Pharmacy Al-Azhar University, Cairo, Egypt; plant material were air-dried, powdered and

kept in tightly closed amber coloured glass containers protected from light at low temperature.

#### Chemicals:

Folin-Ciocalteu's reagent, 1,1-Diphenyl-2-picryl-hydrazil (DPPH) and Streptozotocin (Sigma Chemical Co., Saint Louis, MO, USA); gallic acid, quercetin, aluminum chloride and Silica gel 60 F<sub>254</sub> (E. Merck, Darmstadt, Germany), Glibenclamide (Daonil®, Hoechst Company for Pharmaceuticals, Cairo, A.R.E), solvents of analytical grade and pre-made kits suitable for automatic biochemical analyzers for evaluation of blood glucose level (BGL), superoxide dismutase (SOD), reduced glutathione (GSH), catalase (CAT) in RBCs and evaluation of serum ascorbic acid (Randox Laboratories, Crumlin, England).

**Determination of physicochemical parameters (45);** ash values; total ash, water-soluble ash and acid-insoluble ash values, moisture content and solvent extractives' values were determined for each of the powdered plants.

#### Investigation of volatile oils (45):

- **Preparation of the volatile oils;** fresh entire aerial parts were comminuted and separately hydro-distilled in Clevenger's system, the resulted volatile oils were dried over anhydrous sodium sulfate and kept in a refrigerator until analysis.

- **Determination of percent yields, specific gravities and refractive indices;** the percent yields, specific gravities and refractive indices were determined for both isolated oils.

- **GC/MS analysis of volatile oils;** Thermo Scientific capillary gas chromatography (model Trace GC ULTRA) directly coupled to ISQ Single Quadruple MS, TG-5MS non-polar 5% Phenyl Methyl poly-siloxane capillary column (30m x 0.25mm ID x 0.25µm) system was used where programmed analysis was first carried out; the oven temperature programmed from 40°C (3 min) to 280°C at 5°C/min, then isothermal at 280 °C for 5 min; carrier gas Helium, flow rate 1mL/min; the volume of injected sample was 1µl of sample in diethyl ether; splitless injection technique; ionization energy 70eV, in electronic ionization (EI) mode.

**Preparation of extracts;** for each plant, 50 g each finely-powdered sample were extracted separately in a soxhlet with 250 ml of 80% (v/v) aqueous methanol and distilled water for one hour to yield the methanol and aqueous extracts respectively, the extracts were filtered under vacuum through Whatmann No.1 filter paper, the residue was re-extracted following the same procedure two more times, extracts collected were vacuum dried at 40°C.

**Determination of total phenol content (46);** the total phenol content in aqueous and methanol extracts of each plant was determined spectrophotometrically using Folin-Ciocalteu's reagent where standard curve was done using different concentrations of gallic acid in methanol. The concentrated extracts of tested plants were dissolved each in least methanol volume then completed to 10ml, 100µl

of these extracts were separately diluted with 8ml distilled water, to each sample 0.5ml of 50% Folin-Ciocalteu's reagent was added and left 8 min, and then 1.5 ml of 5% sodium carbonate were added, mixed and allowed to stand for 60 min. protected from light. The absorbance was measured using Genesys Spectrophotometer (Milton Roy, INC., Rochester, NY) at 725 nm where methanol was used as blank and concentration of the total phenolic content was calculated as mg gallic acid equivalents per gram dry weight (mg GAE g<sup>-1</sup>).

**Determination of total flavonoid content (47);** the total flavonoid content in aqueous and methanol extracts was done colourimetrically using aluminum chloride solution where standard curve was done using different concentrations of quercetin in methanol, 100µl were added to a 96 Micro-well plate, 100µl of 2% aluminum chloride solution in methanol were added, after 10 min, their absorbance was measured using Genesys Spectrophotometer (Milton Roy, INC., Rochester, NY) at 415 nm where methanol was used as blank and the concentration of total flavonoids was calculated as mg quercetin equivalent per gram dry weight (mg QE g<sup>-1</sup>).

**Preliminary screening of antioxidant potential (48);** the tested extracts and volatile oils were subjected to qualitative TLC investigation according to the stable DPPH radical technique where 20 µl aliquot of each extract was spotted on silica gel plates and developed using *n*-butanol: acetic acid: water (4:1:5) as a mobile phase, after development, the dried TLC plates were sprayed with 0.2% DPPH solution in methanol and examined after 30 min. where active antioxidants appeared as yellow spots against purple background.

#### Biological Studies:

**Acute toxicity (49);** adult albino mice of either sex were fasted overnight, divided into six groups-six animals each (1:1 for males: females) - were fed with increasing doses of isolated volatile oils and methanol extracts 50, 100, 200, 500, 1000 and 2000 mg/ kg b.wt. where animals were observed for any toxic symptoms and mortalities during the first 24-72 hours post treatment.

**Evaluation of antioxidant potential;** adult albino rats of either sex weighing 150-200 g purchased from The Animal House Laboratory, National Research Center, Cairo, Egypt were used for this study, they were housed in an environmentally control room, maintained at uniform light and temperature conditions of and provided with food and water *ad libitum*.

**Induction of diabetes;** rats were rendered diabetic by a single intraperitoneal dose of freshly prepared Streptozotocin 45 mg kg<sup>-1</sup> b.wt. dissolved in saline where diabetes was identified in rats by moderate polydipsia and marked polyuria, 48 h., later fasting blood glucose levels were estimated, rats with blood glucose levels ranging between 200-350 mg dl<sup>-1</sup> were considered diabetic and included in the experiment.

**Experimental design;** one hundred diabetic rats were divided into ten groups - ten animals each (1:1 for males: females) - as follows; **group-1;** received standard saline solution (10 ml kg<sup>-1</sup>b.wt.),**group-2;** received the reference standard Glibenclamide (0.025 g kg<sup>-1</sup> b.wt.), **group-3;** received *L. dentata* volatile oil (50 mg kg<sup>-1</sup> b.wt.),**group-4;** received *L. dentata* volatile oil (100 mg kg<sup>-1</sup>b.wt.),**group-5;** received *L. angustifolia* volatile oil (50 mg kg<sup>-1</sup>b.wt.), **group-6;** received *L. angustifolia* volatile oil (100 mg kg<sup>-1</sup> b.wt.); **group-7;** received *L. dentata* methanol extract (50 mg kg<sup>-1</sup>b.wt.), **group-8;** received *L. dentata* methanol extract (100 mg kg<sup>-1</sup> b.wt.), **group-9;** received *L. angustifolia* methanol extract (50 mg kg<sup>-1</sup>b.wt.), **group -10;** received *L. angusti-folia* methanol extract (100 mg kg<sup>-1</sup>b.wt.), as well as **group-11** which was formed of normal

untreated animals received standard saline solution (10 ml kg<sup>-1</sup> b.wt.).

All the investigated volatile oils and extracts were given as single daily oral doses; they were sacrificed on 30<sup>th</sup> day by cervical dislocation and the gained liver and kidney tissues' homogenates were used for estimation of enzymatic antioxidants such as superoxide dismutase (**50**) and catalase (**51**) and non-enzymatic antioxidants such as vitamin C (**52**) and glutathione (**53**).

**RESULTS AND DISCUSSION:**

The physiochemical parameters determined for the powdered aerial parts of *L. dentata* L. and *L. angustifolia* Mill. are compiled in table (2).

**Table 2: Some physiochemical constants determined for the powdered aerial parts of *L. dentata* L. and *L. angustifolia* Mill. (Lamiaceae), cultivated in Egypt:**

Physiochemical parameter	Mean (%W/W)		
	Description	<i>L. dentata</i> L.	<i>L. angustifolia</i> Mill.
<b>Moisture content</b>	Loss on drying at 110 °C	15.28±2.30	13.40±2.25
<b>Ash values</b>	Total ash	10.48±2.33	8.55±1.96
	Acid insoluble ash	1.90±0.85	1.70±0.80
	Water soluble ash	2.70±1.49	2.69±1.53
	Water insoluble ash	5.80±1.36	4.10±1.16
<b>Extractives by cold maceration</b>	Petroleum ether	6.22±1.75	5.90±1.68
	Ethyl acetate	5.90±1.48	5.50±1.51
	Ethanol	9.06±1.90	8.90±1.88
	Aqueous	10.65±2.15	10.05±2.04

Results tabulated representing the means of three successive readings ± standard error.

The percent yields of the hydro-distilled volatile oils from aerial parts of *L. dentata* L. and *L. angustifolia* Mill. Were 3.47 and 2.95 respectively, physical examination revealed that they share in having pale yellow colour and aromatic characteristic odour but differs in their specific gravities and refractive indices, table (3).

GC/MS analysis of the prepared volatile oils exhibited qualitative and quantitative variations tables, 4, 5 where twenty-six and thirty-one compounds were identified representing 96.43 % and 98.56 % of the total individual composition of *L. dentata* L. and *L. angustifolia* Mill. volatile oils respectively (**54** and **55**).

The percentage of oxygenated compounds of both oils were much higher (83.56% and 96.83%) than those of

hydro-carbon compounds (10.09 % and 1.73 %) where the percentage of oxygenated monoterpene compounds were (50.04 % and 84.52 %) represented by ten and twenty one compounds, mainly menthe-1,5-dien-8-ol <Para> (26.80%) , 1,8-cineole (4.98%), geraniol (3.92%) and linalyl acetate (18.99%), citronellol <Alpha> (17.36%), menthe-1,5-dien-8-ol <Para> (16.21%), meanwhile, the percentage of oxygenated sesquiterpene compounds were (33.52% and 12.31%) represented by three and two compounds, mainly caryophyllene oxide (16.40%), guaiaol <Alpha> (15.36%) and farnsol (12.22%) in the volatile oils of *L. dentata* L. and *L. angustifolia* Mill. respectively (**54** and **55**).

**Table 3: Percent yields, physical characters, specific gravities and refractive indices of the volatile oils of *L. dentata* L. and *L. angustifolia* Mill. (Lamiaceae), cultivated in Egypt:**

Item	<i>L. dentata</i> L.	<i>L. angustifolia</i> Mill.
<b>Percent yield</b>	3.47	2.95
<b>Colour</b>	Pale yellow	Pale yellow
<b>Odour</b>	Aromatic	Aromatic
<b>Specific gravity</b>	0.88942	0.89320
<b>Refractive index</b>	1.51840	1.52135



**Table 4: Percent identified chemical constituents of volatile oils of *L. dentata* L. and *L. angustifolia* Mill. (Lamiaceae), cultivated in Egypt:**

Item	<i>L. dentata</i> L.	<i>L. angustifolia</i> Mill.
<b>Total hydrocarbons</b>	<b>10.09</b>	<b>1.73</b>
- Monoterpenes	1.53	1.11
- Sesquiterpenes	8.56	0.62
<b>Total oxygenated compounds</b>	<b>83.56</b>	<b>96.83</b>
- Oxygenated monoterpenes	50.04	84.52
- Oxygenated sesquiterpenes	33.52	12.31
<b>Others</b>	<b>2.78</b>	<b>0</b>
<b>Total identified compounds</b>	<b>96.43</b>	<b>98.56</b>

The percentage of monoterpene hydrocarbon compounds were (1.53 % and 1.11 %) represented by two and three compounds, mainly tricyclene (1.03%), pinene <Alpha> (0.50%) and cymene <Para> (0.82%), pinene <Alpha> (0.17%) while the percentage of sesquiterpene hydrocarbon compounds were (8.56 % and 0.62%) represented by seven and five compounds, mainly aromandrene <Allo> (2.07%), humulene <Alpha>(1.94%), germacrene-D (1.48%) and bisabolone <Beta> (0.40%), cadenine <Gamma> (0.15%) in the volatile oils of *L. dentata* L. and *L. angustifolia* Mill. respectively (54 and 55).

In conclusion, the volatile oil of *L. angustifolia* Mill. was richer in its content of total oxygenated compounds (96.83%) compared to *L. dentata* L. volatile oil (83.56%) whereas its main constituents were of monoterpene group while those of *L. dentata* L. were of sesquiterpene group, fortunately they are sharing in containing high percent of the monoterpene menthe-1,5-dien-8-ol<Para> at levels of 26.80% and 16.21% respectively, meanwhile, the total hydrocarbon compounds in the volatile oil of *L. dentata* L. was comparatively richer in its content (10.09%) compared to the volatile oil of *L. angustifolia* Mill. (1.73%) where its main constituents were of monoterpene group (1.11%) and those of *L. dentata* L. were of sesquiterpene group (8.56%).

The overall gained results exhibited significant qualitative and quantitative diversity in the chemical compositions of the volatile oils of *L. dentata* L. and *L. angustifolia* Mill. which are matched with the reported results in much previous research works (4 and 9-20).

Quantitative estimation of the total phenol content of the aqueous and methanol extracts of the tested species using Folin-Ciocalteu's reagent table 6, showed that the aqueous and methanol extracts of *L. angustifolia* Mill. contained higher percent of phenolic compounds (194.95±2.55 and 152.50±2.21) compared to those for *L. dentata* L. (188.50 ±2.07 and 167.10±2.30) mg GAE g<sup>-1</sup> respectively, the total phenols were measured by in terms of gallic acid equivalent (the standard curve equation is  $y=0.05X\pm 0.0545$ ,  $r^2= 0.9873$ ); while quantitative estimation of total

flavonoids of tested species using aluminum chloride reagent revealed that the aqueous and methanol extracts of *L. angustifolia* Mill. contains higher percent (98.83±2.68 and 119.95±1.87) compared to those of *L. dentata* L. (98.83± 2.68 and 119.95±1.87) mg QE g<sup>-1</sup> respectively, the total flavonoid contents of the extracts in terms of quercetin equivalent (the standard curve equation is  $y = 0.0067X \pm 0.0132$ ,  $r^2 = 0.999$ ).

Oxidative stress in diabetes mellitus revealed the reduction in the antioxidant status and glycation of proteins, inactivation of enzymes, and alteration in structural functions of collagen basement membrane (56), in addition, tissue damage resulting from oxidative stress has been implicated in the pathology of a number of disorder diseases such as cancer, inflammatory joint disease, cardiovascular diseases, cataract and could play a role in neurodegenerative diseases and ageing processes (57) whereas antioxidants are substances or nutrients which can prevent or slow the oxidative damage (58).

Acute toxicity studies revealed that no toxicity symptoms or death in the given doses so the LD<sub>50</sub> of the tested oils and extracts are greater than 2000 mg kg<sup>-1</sup>b.wt. which made them safe drugs, hence 50 and 100 mg kg<sup>-1</sup>b.wt.were selected as therapeutic doses.

Oxidative stress is a condition of reduction in antioxidant enzymes like SOD and CAT; these enzymes play an important role in maintaining physiological levels of oxygen and hydrogen peroxide by hastening the dismutation of oxygen radicals and eliminating organic peroxides and hydroperoxides generated from inadvertent exposure to Streptozotocin which play an important role in reducing cellular stress (59). The activities of SOD and CAT were significantly decreased in liver and kidney tissues of diabetic control rats due to inadequacy of the antioxidant defenses in combating ROS mediated damage while treatment with different extracts and volatile oils increased the activity of these enzymes and help to control free radicals when compared to diabetic rats compared to the standard drug Glibenclamide, tables (7 and 8).

Table 5: Chemical composition of the volatile oils isolated from the aerial parts of *L. dentata* L. and *L. angustifolia* Mill. (Lamiaceae), cultivated in Egypt:

Peak No.	Compound Name	R <sub>t</sub> * (min.)	Percent	
			<i>L. dentata</i> L.	<i>L. angustifolia</i> Mill.
<b>Monoterpene hydrocarbons</b>				
1	Tricyclene	8.40	1.03	--
2	Pinene <Alpha>	10.24	0.50	0.17
3	Camphene	10.44	--	0.12
4	Cymene <Para >	10.47	--	0.82
<b>Oxygenated monoterpenes</b>				
5	1,8-cineol	12.96	4.98	--
6	Sabinene hydrate <Cis>	13.40	--	1.14
7	Linalol oxide <Cis>	13.56	--	2.41
8	Terpinolene	13.70	--	1.04
9	Linalool	13.94	--	4.43
10	2-menthenol <Cis>	14.20	--	0.11
11	Camphor <Dextro>	14.46	--	1.65
12	Isoborneol	14.65	--	0.11
13	Borneol	14.86	--	0.43
14	Terpinen-4-ol <Levo>	14.94	--	0.89
15	Terpinene <Gamma >	15.02	0.93	0.90
16	Linalyl acetate	15.24	--	18.99
17	Geraniol	15.65	3.92	--
18	Nonanoic acid	16.88	3.72	--
19	Isopulegol	17.40	0.75	--
20	Bornyl acetate	17.52	--	0.37
21	Isobornyl acetate	17.73	--	0.86
22	Cuminyl alcohol	17.85	0.64	0.90
23	Lavendulyl acetate	17.93	--	3.75
24	Decanoic acid	18.00	2.35	--
25	Neryl acetate	18.17	--	0.72
26	Geranyl acetate	18.44	--	3.04
27	Cedrene <Alpha >	18.54	--	7.40
28	Citronellol <Alpha >	18.75	2.96	17.36
29	Mentha1, 5 dien-8-ol <Para >	19.30	26.80	16.21
30	Dihydrocarvyl acetate	20.67	--	1.83
31	Carvone	21.93	2.99	--
<b>Sesquiterpene hydrocarbons</b>				
32	Caryophyllene <Beta >	22.79	1.11	0.07
33	Humulene <Alpha >	23.58	1.94	--
34	Aromandrene <Allo>	24.60	2.07	--
35	Germacrene-D	25.95	1.48	0.06
36	Bicyclogermacrene	27.38	0.06	0.02
37	Bisabolone <Beta >	28.09	1.05	0.40
38	Cadenine <Gamma >	28.41	0.85	0.15
<b>Oxygenated sesquiterpenes</b>				
39	Caryophyllene oxide	29.18	16.40	0.09
40	Guaiol <Alpha >	30.48	15.63	--
41	Farnsol	31.95	1.76	12.22
<b>Others</b>				
42	Octadecatrienoic acid methyl ester	30.21	0.49	--
43	6-dodecanone	33.72	0.68	--
44	Docosane	44.22	0.58	--
45	17-octadecynoic acid	46.86	1.03	--

\* R<sub>t</sub>: retention time in minutes

**Table 6: Total phenol and flavonoid contents of aqueous and methanol extracts prepared from *L. dentata* L. and *L. angustifolia* Mill. (Lamiaceae), cultivated in Egypt:**

Item	<i>L. dentata</i> L.		<i>L. angustifolia</i> Mill.	
	Aqueous	Methanol	Aqueous	Methanol
Total phenol (mg GAE g <sup>-1</sup> )	188.50 ±2.07	167.10±2.30	194.95±2.55	152.50±2.21
Total flavonoid (mg QE g <sup>-1</sup> )	90.40±1.57	116.15±1.91	98.83±2.68	119.95±1.87

The tabulated results representing means ± standard errors.

Vitamin C plays a central role in the antioxidant protective system, protecting lipids oxidation and diminishing the number of apoptotic cells, regenerating the oxidized vitamin E and acts as a non-enzymatic antioxidant (60). Diabetes result in significant decrease in vitamin C levels compared to control rats where its level was significantly restored in liver and kidney tissues of treated groups compared to the standard drug Glibenclamide, tables (7 and 8).

GSH has a multifaceted role in antioxidant defense; it is a direct free radical scavenger; act as co-substrate for peroxide detoxification. Diabetic oxidative stress decrease GSH level in liver and kidney tissues compared to control where significant elevation of GSH levels were observed in treated groups compared to the standard drug Glibenclamide, tables (7 and 8).

**CONCLUSION:**

In conclusion, the gained results proved quantitative variation in the estimated physiochemical parameters, qualitative and quantitative diversity of volatile oils' physical characters, constants and chemical composition, in addition to quantitative variation in total phenol and flavonoid contents of *L. dentata* L. and *L. angustifolia* Mill. (Lamiaceae) cultivated in Egypt meanwhile concerning antioxidant studies; both plants proved to be of promising therapeutic value in preventing diabetic oxidative stress which can be attributed to their significant quenching impact on the extent of lipid peroxidation along with, enhancement of antioxidant defense systems in liver and kidney tissues.

**Table 7: Results of enzymatic and non-enzymatic antioxidant potentials of the volatile oils and methanol extracts of *L. dentata* and *L. angustifolia* at two dose levels (50 and 100 mg/kg b.wt.) and Glibenclamide (0.025 mg/kg b. wt.) on liver tissues of adult albino rats:**

Antioxidant Parameters		Groups										
		Normal control	Negative control	GLB	Volatile oils				Methanol extracts			
					<i>L. dentata</i>		<i>L. angustifolia</i>		<i>L. dentata</i>		<i>L. angustifolia</i>	
					50 mg	100 mg	50 mg	100 mg	50 mg	100 mg	50 mg	100 mg
Enzymatic	SOD U/g tissue	7.119 ± 0.089	4.074 ± 0.152	6.310 ± 0.152	5.735 ± 0.068	5.984 ± 0.088	6.112 ± 0.050	6.346 ± 0.098	6.877 ± 0.100	6.949 ± 0.145	6.982 ± 0.040	7.502 ± 0.074
	CAT μ mole H <sub>2</sub> O <sub>2</sub> utilized/min/ mg protein	58.466 ± 0.273	43.140 ± 0.121	53.871 ± 0.199	46.323 ± 0.134	47.365 ± 0.193	50.023 ± 0.084	51.295 ± 0.125	55.577 ± 0.358	56.699 ± 0.210	57.288 ± 0.181	58.701 ± 0.223
Non-enzymatic	Vit. C mg/g fresh tissue	1.794 ± 0.013	0.765 ± 0.020	1.441 ± 0.016	0.986 ± 0.016	1.157 ± 0.061	1.398 ± 0.041	1.535 ± 0.035	1.758 ± 0.022	1.876 ± 0.025	1.898 ± 0.035	1.876 ± 0.027
	GSH μg/mg protein	47.115 ± 0.141	29.543 ± 0.181	43.416 ± 0.178	24.333 ± 0.128	30.242 ± 0.160	36.664 ± 0.553	39.544 ± 0.212	43.965 ± 0.158	46.076 ± 0.195	45.946 ± 0.085	47.993 ± 0.171

The tabulated results representing the means ± standard error, n = 10

**Table 8: Results of enzymatic and non-enzymatic antioxidant potentials of the volatile oils and methanol extracts of *L. dentata* and *L. angustifolia* at two dose levels (50 and 100 mg/kg b.wt.) and Glibenclamide (0.025 mg/kg b. wt.) kidney tissues of adult albino rats:**

Antioxidant Parameters		Groups										
		Normal control	Negative control	GLB	Volatile oils				Methanol extracts			
					<i>L. dentata</i>		<i>L. angustifolia</i>		<i>L. dentata</i>		<i>L. angustifolia</i>	
					50 mg	100 mg	50 mg	100 mg	50 mg	100 mg	50 mg	100 mg
Enzymatic	SOD U/g tissue	2.321 ± 0.080	0.890 ± 0.030	1.942 ± 0.037	1.138 ± 0.047	1.215 ± 0.019	1.319 ± 0.029	1.464 ± 0.104	1.868 ± 0.052	1.983 ± 0.042	2.129 ± 0.035	2.416 ± 0.125
	CAT M mole H <sub>2</sub> O <sub>2</sub> utilized/min/ mg protein	29.276 ± 0.095	15.679 ± 0.185	27.908 ± 0.268	18.710 ± 0.159	20.783 ± 0.171	21.142 ± 0.234	22.579 ± 0.162	24.938 ± 0.076	25.942 ± 0.076	28.518 ± 0.231	30.799 ± 0.201
Non-enzymatic	Vit. C mg/g fresh tissue	1.270 ± 0.024	0.495 ± 0.024	1.676 ± 0.025	0.832 ± 0.016	0.889 ± 0.017	0.887 ± 0.020	1.064 ± 0.038	1.210 ± 0.010	1.211 ± 0.038	1.292 ± 0.016	1.431 ± 0.017
	GSH µg/mg protein	48.638 ± 0.297	23.453 ± 0.197	44.786 ± 0.155	32.870 ± 0.116	34.895 ± 0.162	32.848 ± 0.335	35.493 ± 0.219	40.835 ± 0.152	43.589 ± 0.205	42.735 ± 0.185	46.683 ± 0.139

The tabulated results representing the means ± standard error, n = 10

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